

District:
Wellness Plan for KRS 158.856
Findings and Recommendations

The Superintendent shall submit the wellness plan that includes a summary of the findings and recommendations of the nutrition and physical activity report as required by May 1 of each year to the Kentucky Department of Education (KDE). (702 KAR 6:090 Section 5 (1,c) / Section 6 (2))

The District shall include within the findings and recommendations the following:

1. Extent to which the District is in compliance with this Policy;
2. A comparison of how the District measures up to model wellness policies provided by recognized state and national authorities; and
3. A description of the measurable progress made towards reaching goals of the District wellness policy and addressing any gaps identified in the wellness report for the previous year.

LEA Submission of Findings and Recommendations

Area of Assessment: NUTRITION

Findings:

1. Albany Elementary was awarded \$25,078.13 for the Fresh Fruits and Vegetables Program for the 2020-2021 school year. Fresh fruits and/or vegetables are offered to students for a snack each day. A waiver during COVID 19 enabled the FFVP grant to be utilized and to provide fresh fruits and vegetables for all schools in the district.
2. Several grants have been written this school year 2020-2021. The Equipment Grant was awarded to the district to purchase items for the Clinton County Middle School Kitchen (Stand Alone Mixer and Steam Jacketed Kettle) to improve meal production and quality of food. A No Kids Hungry Grant was awarded to the district to purchase Meal Counting Devices for the Summer Meals Program.
3. Menus consist of food items that are state and federally approved and accepted well by students.

Recommendations:

1. Continue to apply for and obtain (at Albany Elementary) the Fresh Fruits and Vegetables Program for all schools in the district.
2. Encourage teachers to utilize choosemyplate.gov to provide nutrition educational activities for their students.
3. Write and submit various grants for the Food Service Program.

Area of Assessment: Physical Activity/Physical Education

Findings:

1. School's physical education programs use three or more methods to promote student participation in a variety of community physical activity options.
2. Teachers keep students moderately to vigorously active for at least 50% of the time during most or all PE classes.
3. The written physical education curriculum for each grade is aligned with national and/or state physical education standards.

Recommendations:

1. Offer more physical activity extracurricular experiences to students (example-before and/or after school Walking Club)
2. Display more "Be Active" posters/flyers in the schools.
3. Encourage the development of Healthy Accountability Partners Program amongst school district staff.